

# Health II

## 2016 – 2017

### Instructors –

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**Health II** is a required class for graduation. If you receive an F on your transcript, you will need to re-take the entire class by the spring semester of your senior year.

**Tardies** – After the first week of school **ALL** tardies, regardless if it is the students first, will result in a lunch detention.

**Cell Phones/Texting** – Will **NOT** be allowed during instructional time and will be confiscated and given to the office.

### Grading Procedures: Health II

#### *Credit by Standards*

*The Health II class will be graded based on a Standard-based grading system.*

90% - 100% = A

80% - 89% = B

70% - 79% = C

60% - 69% = D

50% - 59% = F

75% - Assessment Scores

- unit tests, written assignments, and advocacy posters

25%- Personal Management

- notebook checks, in-class assignments, and classroom procedures (posted in classroom)

#### Standards for Health Education:

- TC: Acquire knowledge and skills to understand the True Colors model for understanding yourself and others based on your personality temperament. (**Kali True Color test**)
- ATOD - Acquire knowledge and skills to understand the physical, social, emotional effects of alcohol, tobacco, and other drugs and their use. (**Drugs, Alcohol, PEDs**)
- NUT - Acquire knowledge and skills to understand and practice healthful nutrition that contributes to growth and energy and helps prevent chronic diseases. (**Nutrition and Physical Fitness**)
- MH - Acquire knowledge and skills to understand that mental, social and emotional health contributes to building and maintaining interpersonal relationships (**Mental Health/Stress– addictive behaviors, anger management, eating disorders etc.**)
- FIT - Acquire knowledge and skills to understand the role physical activity has in promoting health. (**Nutrition and Physical Fitness**)
- REP - Acquire knowledge and skills that emphasize the importance of safe behaviors in maintaining sexual health. (**Reproductive System, Pregnancy & Childbirth/ABSTINENCE - Birth Control**)
- SUI - Acquire knowledge and skills to prevent different forms of violence and suicide with a focus on communication and pro social behaviors. (**Teen Suicide**)
- FH: Acquire knowledge of the importance of families and the role students play in the families (**Family Health**)
- GS: Acquire knowledge in understanding how gender roles can be defined as a set of social and behavioral norms that are generally considered appropriate for either a man or a woman in society. (**Gender Stereotyping**)

**Guest Presentations:** Center For Hope and Safety – Topics: sexual violence, teen dating violence, pornography and how viewing pornography increases the chances a person will be sexually violent, sex trafficking, and bystander intervention. Trauma Nurses Talk Tough – Topics: distracted driving, driving under the influence, drug use.

#### **Supplies needed for class:**

- Spiral notebook - required
- Highlighter
- Notecards

*In compliance with SB2220, all Silver Falls School District classrooms will be recording academic achievement and personal management skills combined. Please refer to this syllabus for more details on how your student's grade is calculated. To view your student's progress towards proficiency on course standards as well as their personal management for the class, please use the Parent Links button on the top of the SHS homepage to access the link to Pinnacle (a password-restricted website). A letter will be mailed home with instructions for using the website as well as a log-in and password. For further assistance with your log-in or password, please contact Sandy Sprauer (ext3800) or Debbie Valoff (ext3799) in the Silverton High School Counseling Center (503-873-6331). Silverton HS homepage can be found at: <http://silvertonhigh.silverfalls.orvsd.org/>*

I have read the above information

**\*\*ATTENTION: This is a 50 point Personal Management assignment. Syllabus must be returned within 5 school days in order to receive credit\*\***

\_\_\_\_\_  
Print student's name

\_\_\_\_\_  
Class Period

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
PARENT'S EMAIL