

PSAT Prep Lesson 1: Sophomores

Sep. 26, 2017

	Lessons	Standards
Last Week Sep 18-22	Pinnacle Lesson: Own Your Grades (Tues) Rotary Presentation (Fri - Auditorium)	SEL 1 : Self-Regulation
This Week Sep 25-29	Early Release – No AG (Mon) Progress Reports/ PSAT Prep Lesson 1 (Tues) Homecoming Kick-off Assembly (Fri)	CRLE
Next Week Oct 2-6	PSAT Pre-administration/Homecoming Voting (Mon) PSAT Pre-administration (Tues) Homecoming Assembly (Fri - Special Sched)	CRLE

Materials: PSAT Presentation (Link on SHS AG Website), PSAT Student Booklet (Placed in Box or Delivered based on need), Projection

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements.
4. Pass out progress reports.
5. Explain to students that all sophomores will take the PSAT on October 11th. It is a standardized test that will allow them to:
 - Practice for the SAT
 - Gives feedback on strengths and weaknesses in skills necessary to be successful in college
 - Allows them to compare how they are doing compared to other students who might apply to college
 - Allows them to start receiving information for colleges
 - This is the first official step on the road to college!
6. With the new updated PSAT, questions and tasks will more closely resemble what is happening in today's classrooms. They are not expected to know all of the answers and vocabulary. The test will measure their ability to figure out the right answer using logic and reasoning skills they've acquired so far.
7. Go through **linked presentation** (located on AG lesson site) with students.
8. Distribute the PSAT student booklet and briefly review with students the explanation of each subject area, reminding them that this test measures skills, not knowledge.
9. Review as a group the reminders on the cover of the Practice PSAT included in the booklet.

10. Complete the practice question in each section as a group, or small groups, discussing why an answer is correct or incorrect and clarifying the process.
11. Have students work independently on the practice test. Encourage them to share questions as they come up so that you can address them as a group.
12. Ask students to complete the practice test either **online** or **paper/pencil** prior to the PSAT date.
 - a. Encourage them to schedule time in their day to work on it. A little practice will help familiarize them with the test, improve their test score, and alleviate test anxiety.
 - b. Address any feelings of anxiety about the test. Encourage students to have a **growth mindset**. The PSAT is an opportunity to practice taking the SAT, identify growth areas, and take steps to improve.
 - c. For the online practice test, share the following link.
<https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice>
Study options available on the site.
 - a. Sample Questions
 - b. Paper-and-Pencil Practice
 - c. Personalized Study with Khan AcademyDiscuss how students can think through the problems. Let students know that they can access these practice tests at any time using the website.
Remember they don't lose points for wrong answers so at least guess. Don't leave any blank!
13. End advisory according to personal preference.

Teachers: Kirsten Barnes and Barnabas Wong are coordinating the PSAT. Please refer questions to them regarding test logistics.