

Goal Setting & Growth Mindset/Portfolio Check: Juniors

Sep. 26, 2017

	Lessons	Standards
Last Week Sep 18-22	Pinnacle Lesson: Own Your Grades (Tues)	SEL 1: Self-Regulation
This Week Sep 25-29	Early Release – No AG (Mon) Goal Setting & Growth Mindset (Tues) Homecoming Kick-off Assembly (Fri)	SEL 2: Social Belonging and Growth Mindset
Next Week Oct 2 - 6	Progress Reports/Homecoming Voting (Mon) Resume Do's & Don'ts (Tues) Homecoming Assembly (Fri)	CRLE

Materials: Portfolios or Binders, Goal worksheet (placed in your box), AG Video file download of “Growth Mindset Introduction: What it is, How it works, and Why it Matters” (see email instructions).

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements & hand out progress reports.
4. Hand out student portfolios that they have been using for the past two years. Let me (Heather Bashor) know if you need more portfolios and what color.
5. Each student should have the following in their portfolio:
 - I. CRLE form from their OSU visit their freshmen year
 - II. CRLE form from their Clackamas Community College visit their sophomore year.
 - III. CRLE form from their job shadow.

**If students did not do one of the CRLE's listed above, they will need to make them up before the end of first semester. They can pick up a CRLE make up forms in the counseling office or from the SHS website.

6. Show the Video “Growth Mindset Introduction: What it is, How it works, and Why it matters” located on your computer under the “AG video” folder on your desktop. You should have already clicked on “Get AG Video” (on your desktop as well) in order for the video to be downloaded to the AG Video folder on your desktop. If you can't access the video, try the link below. Please do not use this link unless you absolutely have to. If everyone tries to use this link, it will not work for anyone. Our system can't handle it.
<https://www.youtube.com/watch?v=75GFzikhRY0>
7. Ask your students the following questions or have them share their thoughts:
 - a. Share a time in your life when you have demonstrated a growth mindset.
 - b. How can a growth mindset affect the process of setting personal and career goals?

- c. How does a fixed mindset affect the process of goal setting?
 - d. Do you really believe that you can become the person you want to be?
 - e. Do you believe that you have control over your future?
8. Hand out the Goal Worksheet. Encourage students to write S.M.A.R.T. Goals (specific, measurable, attainable, realistic, and timely) motivated by the fact that they can learn and grow. Provide time for students to work on the following:
 - a. Personal Goals
 - b. Career Goals
9. Time permitting, have students get into groups of 3 or 4 and share their personal and career goals or have them share to the whole class.
10. Please have students keep these in their portfolios after you have graded them.
11. End advisory according to personal preference.