## **EA Project Work Day - Making Hard Choices: Seniors**

Oct. 17, 2017

	Lessons	Standards
Last Week Oct 9-13	EA Work Day (Tues) Special Schedule – EA Work Day (Wed) Fall In-Service - No School (Fri)	CRLE
Next Week Oct 16-20	Early Release – No AG (Mon) <b>EA Work Day – Making Hard Choices</b> (Tues)  Bus Evacuation Drill (Thurs)	CRLE SEL 2: Growth Mindset
Next Week Oct 23-27	EA Presentation Sign-up/Work Day – Balancing Your Life (Tues) Tree of Giving Kick-off Assembly (Fri)	CRLE SEL 1: Self-Regulation

**Materials:** SHS Website as needed

## **Procedure:**

- 1. Begin advisory according to personal preference.
- 2. Take attendance.
- 3. Read Announcements.
- 4. Read the Thought of the Day: Making Hard Choices

Making hard choices can be difficult, but if you see life's difficult choices as opportunities to grow and learn instead of an opportunity to make a mistake, then you will change the way you perceive difficult choices. Instead of being so concerned about making the right choice, you will realize that no matter what choice you make, you will experience and learn perhaps what you do not want to do.

Learning what you don't want to do can be just as valuable as learning what you do want to do. Our perceived failures can often cause more growth and learning in us than our perceived successes. So, what is your belief about yourself? Will you grow and learn through this EA experience? Will you take the opportunity to learn something about yourself? Don't worry so much about making the right decision. Worry about believing that you will learn and be better tomorrow than you are today. Often, we get so caught in making the right decision, that we stunt our own growth. Neuroscience shows that people learn the best by trial and error. Don't be afraid to try, for this is how you learn.

- 5. Give students time to work on their EA project.
- 6. Send a list of any students who may need additional help or are experiencing significant roadblocks with their project to Heather Bashor.
- 7. End advisory according to personal preference.