

Sophomores
Future Self Lesson #1
November 8, 2016

Objective(s):

The student will be able to...

1. Develop visions for their future self.
2. Make a plan for their future.

Materials: Possible future self worksheet (placed in your box)

Assignment(s):

Assignment	Standard(s)	Points	Assigned	Due
Personal/ Career Goals	CS.PM.01 Identify tasks that need to be done and initiate action to complete the tasks	5	11/8/16	11/8/16

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements.
4. Begin the lesson by telling the students that while their advisory lessons are focused on preparing for success in some type of post-high school education or career, the longer-term goal is to prepare them for a life of success and contributions in their homes and in society.
5. Tell students, that it is very hard to prepare for and choose the right postsecondary program if you don't have a sense of where you want to go in life and what you want to do. With that in mind, today's advisory lesson will focus on envisioning the best possible futures that students can imagine.
6. Tell students that we will call those visions for the future the students' *possible selves*.
7. Hand out a copy of the **Possible Future Self Worksheet** and asks students to fill it out individually
8. If there is time have students share what some of their visions are. If you feel comfortable maybe share what you thought/think your life was/is going to be like 20 years after your 10th grade year.
9. Make sure that students hold onto their worksheet or put them in their portfolios for an upcoming lesson.
10. End advisory according to personal preference.