

## Possible Future Self Worksheet

Name: \_\_\_\_\_

Imagine yourself twenty years in the future. Please complete this table with that possible self in mind.

<b>In this area of my life ...</b>	<b>this is what I hope to be true twenty years from now.</b>
<b>Job</b>	
<b>Relationships</b>	
<b>Family</b>	
<b>Closest Friends</b>	
<b>Things I do for fun</b>	
<b>Causes I believe in and work for</b>	
<b>Attitude towards life</b>	
<b>Personal Characteristics</b>	