

Understanding SMART Goals

9th Grade

Advisory Activity

Understanding SMART Goals

ramp-up to
READINESS™

- **SMART Goals are:**

- **Specific**
- **Measurable**
- **Achievable**
- **Relevant**
- **Timely**



Microsoft, 2011

Defining SMART

ramp-up to
READINESS™

	<u>Synonym</u> Same as	<u>Antonym</u> Opposite of
Specific		
Measurable		
Achievable		
Relevant		
Timely		

Example Goal 1

*The advisor should add his/her example goal here that is **not** specific or particularly relevant*

Example Goal 2

The advisor should add his/her example goal here that is specific and relevant

SMART Goals

- **SMART Goals are:**
 - **Specific**
 - **Measurable**
 - **Achievable**
 - **Relevant**
 - **Timely**



Microsoft, 2011