

# Understanding SMART Goals

9<sup>th</sup> Grade

Advisory Activity

# Understanding SMART Goals

ramp-up to  
**READINESS™**

- **SMART Goals are:**

- **Specific**
- **Measurable**
- **Achievable**
- **Relevant**
- **Timely**



Microsoft, 2011

# Defining SMART

	<u>Synonym</u> Same as	<u>Antonym</u> Opposite of
Specific		
Measurable		
Achievable		
Relevant		
Timely		

# Example Goal 1

*The advisor should add his/her example goal here that is **not** specific or particularly relevant*

# Example Goal 2

*The advisor should add his/her example goal here that is specific and relevant*

# SMART Goals

- **SMART Goals are:**
  - **Specific**
  - **Measurable**
  - **Achievable**
  - **Relevant**
  - **Timely**



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