

## Freshmen

March 14, 2017

**Objective:** Students use their understanding of their personality type to think about potential careers.

### Resources Needed for this Activity:

- The students must know their personality type from the Personality Type Survey Workshop
- **Personality and Potential Careers Handout**

### Assignment(s):

| Assignment  | Standard(s)   | Points | Assigned | Due     |
|---|---|--------|----------|---------|
| Considering Careers Through the Lens of Personality | CS.CD.02 Research and analyze career and educational information. | 5      | 3/14/17  | 3/14/17 |

**Opening: 5 minutes** – The advisor asks students to take out the notes on which their personality type was noted. The advisor then asks students to briefly review their personality type so that they remember the main aspects of their type.

The advisor then tells students that finding a career that fits your personality is an important aspect of being happy and fulfilled at work.

The advisor informs students that in this advisory session students will think and talk about the types of careers that might be a good fit with their personalities. Experts have created ways to help people think of career choices based upon personality types and in this session they are going to examine some of those suggestions.

**Activity: 18 minutes** – Students get into a pair or group with the other students who have their personality type. If only one student represents a personality, then that student can work alone or be combined with other students who do not have partners.

The advisor gives each group the handout that lists potential careers grouped by personality type. There may be similar careers to the ones that resulted from the Personality Type survey or new ones.

The advisor asks the students to read through the list of careers for their personality types. While they read through the information, each student should choose:

- The career they are most interested in
- The career they are least interested in
- The career they would like to learn more about

The advisor should then ask the students to share with their partners what they think a typical work day might be like for the career they are most interested in or want to learn more about.

If there is time, the advisor asks students to find a partner whose personality type is different from them (or the advisor puts students into pairs) and compare the careers suggested for their different personality types.

**Closure: 7 minutes** – The advisor leads a closing discussion by asking students to share highlights from the three questions outlined above. The advisor ends by reminding students that it is not essential that they be able to identify the specific career they want to enter after high school in 9<sup>th</sup> grade, but it is never too early to start thinking about careers that could be a good fit.