

Grades 9-12  
 Erin's Law Day 2  
 April 18th, 2017

**TEACHER NOTE:** In this lesson Lauren discloses that she was abused by a trusted adult close to her. It is important to note that statistics tell us that currently, there may be students in your classroom in unsafe and abusive situations. Please pay close attention to the reactions of students during this time. Students who are in unsafe situations may need you to assist them in accessing help.

**Objective(s):**

The student will be able to...

- Gain awareness of communication style and personal rights
- Be able to connect communication styles with personal safety

**Materials:** Be the Change Video (Lesson 1 Chapter), Communication Vocabulary handout

**Assignment(s):**

Assignment	Academic (A) / Personal Management (PM)	Standard(s)	Points	Assigned	Due
Communication Style Discussion	N/A	SB 856 Erin's Law OAR 581-022-1440	*	4/18/17	4/18/17

*\*no points this week, focus is on being present and participating as appropriate.*

**Procedure:**

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements.
4. Review the group agreements developed yesterday and check in re: any new thoughts or questions about the previous lesson.
5. Read:  
*"Today we are going to discuss personal safety. It is important to understand the world around you, to know your rights and responsibilities, to be aware of potential dangers, and to have the skills to prevent or handle these dangers. The first lesson will cover your personal rights and responsibilities. You will learn about Lauren's story of abuse, recovery, and advocacy."*
6. Watch video. (about 8 minutes)
7. Ask for comments or thoughts.
8. Transition to handout Communications Vocabulary and follow instructions on handout.
9. Debrief/Closure:
  - Check in with each group re: how the conversations went. Be aware of the possible need debrief students or refer (to the counseling center). Remember: the goal is only to provide information.

- Review the group agreement implementation and ask for any edits or updates to the agreement.
- Allow for down time/casual conversations as students prepare to exit AG.

NOTES:

## Communication Style Handout

### Student Definitions:

Aggressive Communication: When you state your thoughts, feelings, and ideas without regard for others

Assertive Communication: When you stand up for yourself and state your thoughts, feelings, and opinions while being considerate of the feelings of others and not violating their rights

Passive-Aggressive Communication: When you appear to be passive but your subtle and indirect communication is meant to control others

Passive Communication: When you accept what others are saying and doing without speaking up to try and change things; you avoid stating your thoughts, feelings, or opinions

Personal Bill of Rights: A list of rights and liberties that are important to you and for which you will be responsible

Responsibility: the act of doing the right thing without being told to do so; doing what you are supposed to do; successfully completing a duty; being accountable for your behavior

Rights: fundamental rules about what people are allowed to do; basic principles of freedom

### Teacher Definitions/Talking Points:

Aggressive Communication is when you state your thoughts, feelings, and ideas without regard for others.

- Attempting to take control of others
- Saying things that embarrass or humiliate the others
- Saying things that blame or criticize others
- Saying things that are threatening
- Speaking in a loud and demanding voice

Assertive Communication is when you stand up for yourself and state your thoughts, feelings, and opinions while being considerate of the feelings of others and not violating their rights.

- Clearly stating what you want and need
- Communicating in a way that is respectful to others
- Making good eye contact
- Using a calm and clear voice
- Making connections when talking to others
- Standing up for your rights and the rights of others

Passive Communication is when you accept what others are saying and doing without speaking up to try and change things. You avoid stating your thoughts, feelings, or opinions.

- Not speaking up or speaking softly
- Not making eye contact

- Physically moving away from a conversation
- Feeling anxious about saying something

Passive-Aggressive Communication is when you appear to be passive; however, your subtle and indirect communication is meant to control others.

- Mumbling instead of stating something directly
- Using sarcasm
- Saying nothing is wrong but facial expressions or body language indicate that there is a problem
- Saying things that seem cooperative but doing something disruptive behind the scenes

**Practice Scenario** (read through once, then go back to ask question prompts):

- Malory, Kevin, Courtney, and Jordan are talking at lunch about what to do this weekend.
- Malory says, "Why don't we meet at Thai Dish for lunch and walk over to the theater to watch a movie?"
  - *What type of communication is this? Why do you think that? Do your classmates agree?*
- Courtney replies, "You always want to go to the movies. The theater is disgusting. Why can' you think of something we would really want to do?"
  - *What type of communication is this? Why do you think that? Do your classmates agree?*
- Kevin looks down at his sandwich and doesn't say anything.
  - *What type of communication is this? Why do you think that? Do your classmates agree?*
- Jordan says, "I don't really care what we do. I'm sure spending Saturday arguing about who made better plans will be loads of fun."
  - *What type of communication is this? Why do you think that? Do your classmates agree?*
- Malory replies, "I don't care what we do either, I was just thinking the theater is an easy thing to do. If you don't want to go there, that's fine. But don't insult my idea; just let us know your ideas."
  - *What type of communication is this? Why do you think that? Do your classmates agree?*

**If time allows:**

What are some ways participants could intervene?

How could statements be adjusted to become other kinds of communication?

**If time allows:**

*Identify the Communication Style*

1. Miles goes through the lunch line. When he pays for his lunch, he realizes he did not get back enough change. He just hangs his head down and walks to his lunch table.
2. Riley yells at Terry, "Where is my Biology book? I warned you what would happen if you don't return it!"
3. Hillary says, "I really don't like scary movies. You all can go if you want, but I'm not going. Give me a call after the movie and maybe we can hang out."

4. Sara rolls her eyes and says, "Wow, you guys are TOOOO COOOOOOL. I wish I could insult people like you do."
5. Miles says, "Why don't we ask Ryan to meet us at the game? He just moved here from Portland. He sits by me in math and seems pretty cool."
6. Steven shouts, "Can someone please tell me why Kieley is sitting here? Why doesn't she go sit with her new boyfriend?"
7. After Steven's comments, Kieley gets up and walks away.