

Grades 9-12
Erin's Law Day 4
April 20th, 2017

TEACHER NOTE: It may be necessary to pause the video to clarify information, allow students to ask questions, and to provide an opportunity for the class to process via discussion.

Objective(s):

The student will be able to...

Students will develop an understanding how the process of 'grooming' leads to sexual abuse.

Materials: Be the Change Video (Lesson 3 Chapter), *Is It Grooming* worksheet, Teacher tips worksheet available for talking points re: *Is It Grooming* worksheet

Assignment(s):

Assignment	Academic (A) / Personal Management (PM)	Standard(s)	Points	Assigned	Due
Is It Grooming	N/A	SB 856 Erin's Law OAR 581-022-1440	*	4/20/17	4/20/17

**no points this week, focus is on being present and participating as appropriate.*

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements.
4. Review the group agreements and check in re: any new thoughts or questions about the previous lesson.
5. Watch video. (about 8 minutes)
6. Ask for comments or thoughts.
7. Read:

"In the video, you heard survivors and experts talk about grooming. Let's go over how grooming works. I am going to share the common descriptions of targets and abusers—but remember, there can be target and abusers who do not fit these descriptions. For example, targets may be described as isolated from family and friends. However, that does not mean that someone who is very close with his or her family and who has lots and lots of close friends can't be a target. Abuse can happen to anyone.

It usually starts with the abuser finding a target whom they think may be vulnerable. The abuser may look for someone who may be emotionally vulnerable, has low self-esteem, and may seem lonely.

Next, the abuser develops a relationship with the target. The abuser is often very nice and likeable. The abuser finds out what the target needs and then works to fill that need. For example, if the abuser finds out the target feels alone and wants attention, he or she will provide that needed attention. It may be more than just spending time together—the abuser may give gifts or take the target places.

Once the relationship has been formed, the abuser now begins to isolate the target by setting up situations where they are alone together. A critical part of the grooming process is testing the boundaries and the reactions of the target. Now that there is a strong relationship where it's common for the target and abuser to be alone together, the abuser will begin to introduce a sexual relationship.

Finally, the abuser will establish and maintain control through secrecy and blame. The abuser often convinces the target that terrible things will happen if he or she tells.

Telling someone, being heard, and being helped stops the abuse.

8. Transition to *Is It Grooming* worksheet. (have students get together in pairs or 3s.

Get together with a partner or in small groups. We will read each scenario. Your group will discuss whether the interaction is a safe situation for someone your age, or whether you think it is a potential grooming situation. Underline the clue or clues that make you think it is either safe or grooming. If you think it is grooming, discuss what the person could do to stop the abuser from continuing the grooming relationship and how to access help. After, if you are comfortable, we will share your ideas..

Allow students time to complete worksheet.

9. Debrief/Closure:
 - Review the connection between grooming and abuse. Other scenarios that came to mind? Be aware of the possible need debrief students or refer (to the counseling center). Remember: the goal is only to provide information.
 - Review the group agreement implementation and ask for any edits or updates to the agreement.
 - Allow for down time/casual conversations as students prepare to exit AG.

NOTES:

LESSON 3



The Problem of Sexual Abuse

Is It Grooming?

Read each scenario. Determine if the interaction is safe or if you think it is a potential grooming situation. Underline the clues. If you think it is grooming, write what could be done to stop the abuser from continuing the grooming relationship.

Scenario	Safe or Grooming?	What can you do?
<p>Kelly is 14, and she often goes over to her best friend Mandy's house. Mandy's college-age sister Meghan is frequently at the house even though she has her own apartment. Meghan and Kelly often talk about school, shopping, and boys. Kelly doesn't have any sisters, and her mother works long hours, so she enjoys having someone to talk to and spend time with. Meghan begins inviting Kelly over to her apartment. She takes her shopping and buys her new clothes. She encourages Kelly to keep it a secret because she doesn't want Mandy to get jealous. She then begins to invite Kelly to spend the weekends with her.</p>		
<p>Miles is on the swim team. Usually he is very talkative and jokes around before practice. Today he was quiet and kept to himself. His coach walks over and asks if anything is wrong. Miles explains that he just found out his parents are splitting up. His coach says, "Yeah, my folks split up when I was young, too. It can be rough, but you will get through it. I remember it really helped me to talk to someone, so if you need help getting together with your school counselor, let me know."</p>		
<p>Kelsha has always gone out for burgers after the basketball games with a group of friends. She starts to make excuses about why she can't go with them. She stops sitting with them at lunch. She doesn't talk to her friends before school. One friend tries talking to her to find out what's wrong. Keisha denies anything is wrong, but she gets a text from J.T. that reads, "See you after school. I have something special for you."</p>		
<p>Antonio's neighbor offers to pay him to do some work around the house. He tells Antonio that he knows money has been tight and he just wants to help out. However, he doesn't want Antonio's mom to know that he is paying him because he doesn't want to hurt her pride. Antonio starts out helping with the yard work. Then he is asked to come inside and help with some painting. One day, Antonio misses the bus for school and decides to stay home. His neighbor notices and says he will tell Antonio's mom that he skipped school unless he agrees to keep helping out around the house.</p>		

Teacher Tip:

Help students identify the clues that indicate grooming in each scenario.

Scenario 1. Kelly is being groomed:

- Meghan is talking to Kelly and giving her excessive attention.
- This is filling a need for Kelly.
- Meghan is using secrecy by asking Kelly to keep things a secret.
- Meghan is isolating Kelly from her friends and family.
- This allows them to spend time alone. What can Kelly do?

Tell someone what Meghan has been doing; tell Meghan she appreciates her friendship but thinks it would be better if they only hang out when Mandy is also around; tell Meghan she can't go to her apartment; ask her mother to call Meghan and tell her that she is not allowed at her apartment.

Scenario 2. The relationship is safe:

- The coach can tell something is wrong and asks Miles if he is okay.
- When Miles shares that he is upset about his parents, the coach empathizes and suggests Miles talk to his counselor.

Scenario 3. There are some warning signs:

- Keisha is avoiding her friends, she is being secretive, and she is getting text messages from someone mysterious. What can she do, or what can her friends do?
- As a friend, you need to be up front and honest with Keisha, telling her that you are worried.
- Explain that you feel like something is wrong because she isn't hanging out with her friends anymore and she is keeping secrets.
- Ask, "Who is J.T.?" If Keisha does not explain what is going on, go to an adult and explain that you are worried.

Scenario 4. Antonio is being groomed:

- His neighbor is building a relationship by giving him something he needs, money.
- The neighbor is asking him to keep it secret.
- The neighbor is threatening Antonio and keeping him in the relationship. What can Antonio do?
- He needs to tell his mother or a trusted adult what is going on.
- He can tell his neighbor that he won't be able to help him out ever again.
- Antonio can tell his neighbor that even though his mom will be mad, he isn't going to keep a secret from her.