

Portfolio & SMART Goal Review: Sophomores

Dec. 5, 2017

	Lessons	Standards
Last Week Nov 27-Dec 1	Understanding Self-Doubt/RIE Intro (Tues) Foxes in Focus (Wed) First RIE (Thurs) Study Hall/AG Door Decorating Planning (Fri)	SEL 1: Self-Regulation
This Week Dec 4-8	SMART Goal Review (Tues) AG Door Decorating (Wed) AG Door Decorating (Fri)	SEL 1: Self-Regulation
Next Week Dec 11-15	AG Door Decorating/AG Party (Tues) AG Door Decorating (Wed) Fine Arts Assembly (Fri)	SEL 1: Social Belonging

Materials: Portfolio folders, Goal worksheet (In box, attached)

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements.
4. The goal of today's lesson is for students to take inventory of their portfolios, remember how to write a SMART goal, write two SMART goals, and discuss strategies to reach their goals.
5. Hand out student portfolios. Have each student check their portfolio.
6. Each student should have at least the following in their portfolio:
 - I. CRLE form from their OSU visit their freshmen year

**If students did not do the CRLE listed above, they will need to make it up before the end of first semester. They can pick up a CRLE make up form in the counseling office from Mrs. Abdou, from Mrs. Bashor in the ASB room, or print one from the SHS website.

7. Check for understanding: Ask students – What is a SMART goal? Or, what does SMART stand for? (S-Specific, M-Measurable, A-Achievable, R-Relevant, T – Timely). Ask students if the following example is a SMART Goal?
 - a. Example: Rodrigo is a high school sophomore who plays the trumpet and who wants to be really good at playing his instrument. He is a solid player already and his teacher says he has the capacity to be really good. He is willing to spend extra time working at it and loves music. Because he is a sophomore, he has time to improve his playing.
 - b. Rodrigo's goal is specific (he wants to be a good trumpet player), it is achievable (He has the talent to be really good) and relevant (music matters to him) and timely (he's a sophomore). But it is not measurable–how good is really good?
8. Hand out the Goals Worksheet. Have each student write a SMART goal for their first semester grades based on their own performance expectations and plans after high school. Note that finals week and the end of the first

semester is Jan. 29th – Feb. 1st of 2018. Finals are less than 6 school weeks away. Now is the time to be taking care of missing work, re-taking tests, re-establishing some good homework habits, and signing up for RIE.

9. Next, have students write one career goal. This goal should relate to classes students are currently taking and their first semester goal.
10. Provide time for students to work on their Goals.
11. Have students get into groups of 3 or 4 and share their goals.
12. Please have students keep their goals in their portfolios after you have graded them. You will use these goals again when you return from Winter Break.
13. End advisory according to personal preference.