

SMART Goal Review & Progress Check/Winter Court Voting: Juniors

Jan. 2, 2018

	Lessons	Standards
Last Week Dec 25-29	Winter Break	
This Week Jan 1-5	Winter Break – No School (Mon) Smart Goal Review/Winter Court Voting (Tues)	SEL 1: Self-Regulation
Next Week Jan 8-12	Early Release – No AG (Mon) Studying as a Team Sport – Finals Prep (Tues)	SEL 1: Self-Regulation

Materials: Goals Worksheet (In box, attached)

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read announcements.
4. Pass out the Winter Court Ballots. Have students choose one male and one female student from their class. Please collect the ballots and replace them in the manila envelope. ASB students will pick them up on Wednesday, Jan. 3rd during AG so to not disturb your lesson.
5. Ask students – Do you remember what a SMART goal is? Or, what does SMART stand for? (S-Specific, M-Measurable, A-Achievable, R-Relevant, T – Timely). Ask students if the following example is a SMART Goal?
 - a. Example: Susan is a high school sophomore who is an actress in drama and who wants to be really good at acting. She is a solid actress already and her drama teacher says she has the capacity to be really good. She can sing well and has demonstrated versatility in her acting skills, and because she is a sophomore, she has time to improve her acting skills.
 - b. Susan goal is somewhat specific (she wants to be a good actress, but what does that mean exactly), it is achievable (she has the talent to be really good) and relevant (acting matters to her) and timely (she’s a sophomore). But it is not measurable–how good is really good? What does she want to accomplish? Does she want a leading role in a play? Does she want to get into a specific college?
6. After the SMART goal review, hand out Progress Reports. Ask students to look at their progress report. Ask students to look at each of their classes and consider what their goals are for the end of this semester? What types of grades would they like to finish up with? Are their goals realistic?
7. Hand out the Goals Worksheet. Have each student write a SMART goal for their first semester grades based on their own performance expectations and plans after high school. Note that finals week and the end of the first semester is Jan. 29th – Feb. 1st.

Finals are less than 4 weeks away. Now is the time for students to focus their efforts, take care of missing work, and re-establish some good homework habits.

8. Lead a discussion with students regarding what realistic steps they can take at this time to improve grades or to keep working in order to maintain their grades and finish the semester strong. Remind them that many courses have finals which can have a significant impact on their grade. Studying for finals is an important skill for them to develop.
9. Discuss with students the steps they can take now to make sure they reach their goals such as setting aside study time every night, breaking up big projects or test into manageable parts, reviewing their notes or review worksheets, retrying problems and checking their work, taking advantage of retake opportunities, asking to be requested for RIE, etc.
10. Ask students if any of them believe they need to reevaluate their expectations? Do they want an A in a course that they currently have a C in? Maybe they should adjust their goal to a B?
11. Next, have students turn the paper over and write one career goal. This goal should relate to courses students are currently taking and their first semester goal.
12. Provide time for students to work on their Goals.
13. Have students get into groups of 3 or 4 and share their goals.
14. Have students keep their goals in their portfolios after you have graded them.
15. End advisory according to personal preference.