

Personality Type Lesson 1: Freshmen

Feb. 13, 2018

	Lessons	Standards
Last Week Feb 5-9	Internet Safety Lesson 1 (Tues) Internet Safety Lesson 2 (Wed) Internet Safety Lesson 3 (Fri)	SEL 1: Self-Regulation SEL 2: Social Belonging
This Week Feb 12-16	Early Release – No AG (Mon) Personality Type Lesson 1 (Tues) Unified Project Assembly (Fri)	CRLE
Next Week Feb 19-23	President’s Day – No School (Mon) Personality Type Lesson 2 (Tues)	CRLE

Materials: Personality Type Power Point (Attached), note paper for notetaking, access to computers/cell phones, website info: www.16personalities.com

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements
4. Pass out Progress Reports
5. Project the attached slide, read the information below, and guide students through the attached Power Point lesson on personality types.

The objective of this series of lessons is to help students to begin thinking of life after high school and how they can match their career interests with their personal strengths. Students will examine common strengths and blind spots of their Personality Type in order to create strategies to build on their strengths and build a stronger sense of self.

Opening: The advisor explains that today students will take a survey to learn about common characteristics for people with the same Personality Type. Note, that the survey is simply a tool to help students reflect and understand themselves better.

Activity: Slides 3-7: The advisor demonstrates how students will access the survey and what results they need to focus on.

Closure:– Slide 15: The advisor tells students that they will use the Personality Type information and relate it to careers of interest to make more informed decisions and find careers that are fulfilling and rewarding.

Please note: This activity can be done in class or outside of class as long as students bring results to the next lesson day.