

## Personality Type Reflection & Share out: Freshmen

Mar. 20, 2018

	Lessons	Standards
<b>Last Week</b> Mar 12-16	Parent Conferences – No School (Mon) Personality Type Lesson 4 (Tues)	CRLE
<b>This Week</b> Mar 19-23	Personality Type Reflection & Share out – CRLE (Tues)	CRLE
<b>Next Week</b> Mar 26-30	Spring Break – No School	

**Materials:** CRLE Reflection form (In box, attached)

### Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read Announcements
4. Conduct the lesson below
5. End Advisory Group according to personal preference

**Objective:** Students reflect on the personality type lessons and discuss what they have learned about themselves and their personality, their possible career choices, and their post-secondary options all based on their personality.

**Opening: 2 minutes** – The advisor reminds students that over the last few months they have examined the connections between personality, potential careers, and post-secondary options. The advisor explains that today’s advisory session will focus on reflecting over the whole process and summarizing what students have learned about themselves, their personality, possible career choices, and post-secondary options.

**Activity: 10 minutes** – The advisor tells students to take 5 minutes and think quietly about what they have learned about their own personality, possible career choices, and post-secondary options. Inform students that they do not have to have all the answers right now, but just think about what they are thinking or considering at this point and what they have learned about themselves. Next, choose 5 or more students to share with the class what they are thinking at this point in their freshmen year. Again, highlight that it is okay to not know but just to begin considering options.

**Activity: 10 minutes** – Hand out the CRLE reflection form. Guide students through filling out the reflection form. Make sure students include at least 2 sentences in each section.

**Closure: 7 minutes** – The advisor closes the session by asking all students to hand in the CRLE reflection form and placing the form in the student’s portfolio. Also, the advisor may take the time to discuss why it is helpful to begin thinking about life after high school as a freshmen. The advisor might also discuss that the more research and self-reflection a student does now, the easier it will be to choose an interesting career later. Many people flounder because they don’t know what they want to do, and they do not take the time to do anything about it. If you do not know what you want to do, start thinking about it, talking about it with your friends, asking teachers, parents, community members. Do some online research. You’re in high school for 4 years, but you will have a job for 30 plus years. Think about it! 😊