

## Readiness Check In: Freshmen

May 29, 2018

	Lessons	Standards
<b>Last Week</b> May 21-25	Exploring Requirements for High School & Beyond (Tue) Special Schedule for SBAC (Thurs) Link Crew (Fri)	SEL 1: Self-Regulation
<b>This Week</b> May 29-Jun 1	Memorial Day – No School (Mon) <b>Readiness Check in Lesson</b> (Tues) Talent Show (Wed) End of Year Video/Spirit Games (Fri)	SEL 1: Self-Regulation
<b>Next Week</b> Jun 4-8	Reflections – Year in Review (Tues) AG Parties (Fri)	SEL 1: Self-Regulation SEL 2: Social Belonging

**Materials:** High School & Beyond Plan Worksheets (In box, attached)

### Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read announcements, read the objective and conduct the lesson below.
4. End the lesson according to personal preference.

**Objective:** Students will monitor and reflect on their progress toward meeting their readiness for life after high school.

**Opening: 2 minutes** – The advisor explains to students that today they will be filling out a worksheet asking about their goals and establishing a personalized pathway to enhance their readiness for high school and beyond. Tell students that the point of this lesson is to really get them thinking about their future plans and making decisions that will best help them to reach their goals. It is okay for students to not know what their plans are. They should try narrowing down their options based on what they think at this point in their life. Again, it is by actually taking the time to think about a plan that one begins to consider and explore options.

**Activity: 20 minutes** – The advisor should pass out the High School & Beyond Plan Worksheet . The advisor should review page 1 and then give students about 5-10 minutes to complete page 1 of the handout. The advisor should review page 2 of the handout and give students 5-10 minutes to complete page 2. Students should consider what they learned last week regarding graduation requirements as they answer the questions on page 2.

**Closure: 3 minutes** – Remind students that considering their future and exploring their interests and options now will help in preparing them to successfully navigate high school, postsecondary options, and an eventual career.

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