

Reflection – Year in Review: Freshmen

June 5, 2018

	Lessons	Standards
Last Week May 29-Jun 1	Memorial Day – No School (Mon) Readiness Check in Lesson (Tues) Talent Show (Wed) End of Year Video/Spirit Games (Fri)	SEL 1: Self-Regulation
This Week Jun 4-8	Reflections – Year in Review (Tues) AG Parties (Fri)	SEL 1: Self-Regulation SEL 2: Social Belonging
Next Week Jun 11-15	Last Day of AG – All Assignments Due (Tues) Finals (Wed – Fri)	SEL 1: Self-Regulation

Materials: Reflection & Year in Review Worksheet (In box, attached)

Procedure:

1. Begin advisory according to personal preference.
2. Take attendance.
3. Read announcements, read the objective and conduct the lesson below.
4. End the lesson according to personal preference.

Objective: Students will reflect on the year looking at their academic habits, self-regulation, effort and persistence. Students will also reflect on their goals, their progress towards meeting them, and their sense of social belonging.

Opening: 2 minutes – The advisor explains to students that today they will be reflecting on the school year. Students will take an honest look at their own behaviors and think of areas they want to grow in or improve on in their lives. Inform students that taking time to reflect is an important part of growth and learning. If you do not stop, think about how you are going about doing things, and make needed adjustments, you will continue to make the same mistakes.

Activity: 20 minutes – The advisor should pass out the Reflection & Year in Review Worksheet . The advisor should review page 1 and then give students about 5-10 minutes to complete page 1 of the handout. After students have filled out the first page, ask students to volunteer any of their answers or talk through any goals they would like to improve on or any goals they met.

The advisor should review page 2 of the handout and give students 5-10 minutes to complete page 2. After students are done filling out page 2, ask students to share their thoughts about the school year and advice they have for students coming behind them. Students can share their highlights of the year as well as things they would like to improve on.

Closure: 3 minutes – Wrap up the lesson reminding students of the importance of self-reflection in order to learn and grow as a human being.
