Diligence: noun
1. careful and persistent work or effort.

What is Diligence?
Diligence is working hard and doing the best you can. You take special care to do things step by step. Being diligent is industrious, giving all you have to whatever you do.

Why practice it?
Diligence helps you get things done with excellence and enthusiasm. Diligence leads to SUCCESS!

How do you practice it?
- Decide what you want to do and then give it all you have
- Treat each action as important
- Don’t rush or try to find the “easy way”
- Give your goals your full attention
- Practice patience
- Work hard and believe in yourself

Quotes
“Learning is not attained by chance, it must be sought for with ardor and attended with diligence.” Abigail Adams

“Learning is the mother of good fortune.” Cervantes

“Everything comes to the one who waits, if he works while he waits.” Anonymous

“The trouble with opportunity is that it often comes disguised as hard work.” Anonymous

“Genius is 10% inspiration, 90% perspiration.” Thomas Alva Edison

Affirmation
I am diligent. I work hard. I work carefully. I give my best to whatever I do.
The Diligent Student

Rules:
1. Find a person who can give you an answer for one box. Share something with that person in return. Write down the answers you’re given.
2. A person can only provide the answer to one box (so you will need to talk with six people).
3. When you have all six boxes filled out, return to your seat.
4. Each person you talk to must be from a table besides your own.

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<th>What is your biggest distraction when studying?</th>
<th>What is your best studying technique?</th>
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<th>What are ways that you can overcome distractions when studying?</th>
<th>What is your #1 goal for finals?</th>
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